

# Moriah Messenger



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**March 2026**

**3611 Liberty Road, Greensboro, NC 27406**

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*“It’s your breath in our lungs,  
so we pour out our praise,  
we pour out our praise to you only”*

-from “Great Are You Lord” by Jason Ingram, David Leonard, and Leslie Jordan

Friends, we are now in the full swing of the season of Lent, the 40-day (not including Sundays) time of preparation for the celebration of Easter. Lent is a season of fasting, renewal, and prayer. In essence, this is a time to seek after the Lord - emptying ourselves of whatever we bring that inhibits a life filled with the love of Christ and letting that space be filled by the life-giving power of the Holy Spirit.

There is no question that prayer is essential to an abundant life of faith. In worship for this season, we are experiencing different forms of prayer to broaden our prayer “toolbox” and draw us into a richer life of connection with God.

We started by praying with our very breath. Throughout scripture, breath, wind, and spirit are intricately connected with life and with the life-giving power of God. Breath prayer has been used as a Christian practice for hundreds of years. It is intended to be very simple and provides a way to turn our focus towards God. A short phrase is chosen that calls on a name for God and requests for some kind of assistance. It is repeated silently with the rhythm of your breath. Usually, you breathe in for the first part of the phrase and out as you think the second part of the phrase. When your attention begins to wander, gently return to the phrase and begin praying it again.

You can choose your own phrase if you want (just make sure it’s not too long), but here are some suggestions to get you started:

- *Lord Jesus, have mercy on me.*
- *Holy Wisdom, guide me.*
- *The Lord is my Shepherd, I shall not want*
- *Out of darkness, into light*
- *Be still and know that I am God*

To do this at home, you may want to set a timer for a specific amount of time (a few minutes is a good starting point) so you won’t feel like you need to check the clock. Find a quiet place, away from distractions, choose a phrase, and begin the prayer. Or if all you have is a few breaths in the midst of a chaotic day, start there. *Let everything that has breath praise the Lord. Praise the Lord!*

Wishing blessings on a holy Lent,  
Pastor Andrew



Our Adult Sunday School Class meets at 10:50 AM after our morning worship service.

Last month we progressed through Revelation Chapter 12. "God blesses the one who reads the words of this prophecy in the church, and He blesses all who listen to its message and obey what it says, for the time is near." Revelation Chapter 1:3, NLT

We welcome you to come and be part of our fellowship and Bible study.

Our weekly scripture readings follow:

March 1, Revelation Chapter 13:1-10 The Beast out of the Sea

March 8, Revelation Chapter 13:11-18, The Beast out of the Earth

March 15, Revelation Chapter 14:1-13, The Lamb and the 144,000, Three Angels with Messages from God

March 22, Revelation Chapter 14:14-20, The Harvest of the Earth

March 29, Revelation Chapter 15:1-8, The Song of Moses, The Temple in Heaven

On Easter Sunday, April 5 we will be covering John Chapter 20, The Resurrection of Jesus.

**"Look I am coming soon! Blessed are those who obey the words of prophecy written in this book."**

**Revelation Chapter 22:7, NLT**

We are located upstairs in the Moser Cox building which is accessible by stairs and elevator. See or call Charles Little at 336-580-0197 for more information.



**Please visit us on our:**

*Facebook Page:* Moriah United Methodist Church

*Website:* Moriahumc.org

*Instagram:* moriah\_methodist

## March Nursery Volunteer Schedule



- 1<sup>st</sup> Erica Wood & Kaylee Dalrymple
- 8<sup>th</sup> Diane Saintsing & Braelyn Jarman
- 15<sup>th</sup> Kimberly Jones & Megan Jarman
- 22<sup>nd</sup> Kerwyn Jones & Carolyn Edwards
- 29<sup>th</sup> Larry Cryan & Zia Williamson



March 9<sup>th</sup> Helping Hands meeting at 4pm in the Moser Cox Hall.

March 9<sup>th</sup> UMM meeting at 4pm in the Fellowship Hall

March 16<sup>th</sup> Church Council meeting at 6pm in the Fellowship Hall.



If any of the committees would like anything in the **April 2026 Newsletter**, please email to me by **Tuesday, March 24<sup>th</sup>**. Thank you!



**Moriah UMC Office is open Monday, Wednesday & Thursday from 9:00 am- 2:00 pm.** Please ring the bell and we will happily greet you. You can also email us at [moriahumcoffice@gmail.com](mailto:moriahumcoffice@gmail.com) or call (336) 272-7988. Thank you.

*On the following church and secular holidays, the church office will be closed:*

*New Year's Day*

*Martin Luther King Jr. Day (Third Monday of January)*

*Memorial Day (Last Monday of May)*

*Independence Day*

*Labor Day (First Monday of September)*

*Thanksgiving Day (Fourth Thursday of November)*

*Christmas Eve*

*Christmas Day*



- 2<sup>nd</sup> Glenn Bentley
- 2<sup>nd</sup> Jeff Frye
- 3<sup>rd</sup> Eddie Frye
- 7<sup>th</sup> Cindy Michael
- 13<sup>th</sup> Leslie Mullinix
- 21<sup>st</sup> Carolyn Edwards
- 22<sup>nd</sup> Sandra Davenport
- 23<sup>rd</sup> Kaylee Dalrymple
- 26<sup>th</sup> Patsy Woolard
- 28<sup>th</sup> Mike Edwards
- 29<sup>th</sup> Shirley Wood
- 30<sup>th</sup> Pastor Andrew Baten
- 31<sup>st</sup> Elsie Barefoot



**Please keep the following people in your prayers:**

Elsie Barefoot

Betty Fields

Andrew Lee

Jonathan Brewer

Cheryl Bullington

Drew Harris

Faye Garner



No Anniversaries in March

## March Acolyte of the week

March 1 <sup>st</sup>	Jordyn Jones
March 8 <sup>th</sup>	Phoenix Wood
March 15 <sup>th</sup>	Zia Williamson
March 22 <sup>nd</sup>	Kaylee Dalrymple
March 29 <sup>th</sup>	Braelyn Jarman

## March Children's Church Volunteer

March 1 <sup>st</sup>	Braelyn Jarman
March 8 <sup>th</sup>	Zia Williamson
March 15 <sup>th</sup>	Kaylee Dalrymple
March 22 <sup>nd</sup>	Braelyn Jarman
March 29 <sup>th</sup>	Kaylee Dalrymple



### Feed My Sheep

Feed My Sheep and Moriah would like to thank Hearts On Fire for serving Under The Bridge on Valentine's Day. It was truly a Holy Ghost night to remember. For the first time

ever literally, everyone was singing and praising God. This all started with you here at Moriah who donate, pray and volunteer. Thank you for all you do. The next date for Moriah to serve is March 28th. We would love to start collecting 12 pack or 24 pack can drinks for that event. We do not need name brand, store brand cola, grape, orange, and sprite are great options. We also would like to start collecting pans of spaghetti for that event. If you want to make a pan, please feel free to start bringing them in now and we will freeze them until the day before the event. please use our pans to ensure they fit in our warmers. See Sally or myself if you would like to participate. No certain recipe just put it together and top with cheese, and we will bake it the day before.

Blessing box items needed: mixed veggies, chili beans, tuna, Chef Boyardee items or store brand equivalent. Other stuff we are ok on right now.

Thank you, Moriah, for all that you do to be the Hands and Feet of Jesus. Thank you, ladies circle, for making Feed My Sheep an important part of your ministry as well.



Moriah's Easter Egg Hunt will be on Sunday, March 29<sup>th</sup> from 2-4pm. Thanks to Linda for putting the box out to start collecting candy for this event. Help us fill it up! We will begin advertising soon and will need volunteers, please call if you would like to help. I am looking for volunteers for the following: Fairy Hair Kaylee Dalrymple will do fairy hair and I need 1 more. Zia Williamson is going to paint faces, but I need 1 more volunteer. We will have stencils if that helps motivate you. We will have a photo booth so we would like a volunteer to take pictures and print them for the kids. We will also be looking for folks to help in the kitchen. Help us make this a great event together. Help us invite people, friends, family, community you are the best advertisement! Pray over all of our outreach events.



Our young folks had so much fun leading worship on Valentines Sunday. When I told them how proud I was of them Phoenix said I was so scared. That lead right into do it scared and watch how God uses you. I love what's happening with our young people. Thank you for supporting them.

This month for lent our children are making things for the shut ins and passing them to other groups so we can watch how far kindness grows. Thank you to Cindy and Larry for agreeing to be a part of this exercise. Stay tuned folks.

Love in Christ,  
Lauri



## Helping Hands Circle

Happy St. Patrick's Day, We had a GREAT "Mission Dog" sale in February. It was such a wonderful Valentine's Day, and it was evident that all of our faithful supporters gave from their heart. We would like for

every supporter to know that every hot dog sold, or donation made will make a difference in someone's life. We are striving to be the best stewards of the funds made to further the commandment "To help others as much as possible". All of our missions have received their monthly donation. Patty Mullinix took all of the hats, scarves and gloves she made to Burnsville, NC, up in the mountains. She was able to find out how they are doing and what their major need is at the present time. Samaritan's Purse is helping to build homes now for those that are still living in tents and campers. We will make a \$500.00 donation to them for Western North Carolina. Our Winter Project for Church World Services is going well, even with us missing some Sundays because of icy and snowy weather. The collection of \$1's and change will continue until Easter Sunday, April 5th. A **BIG THANK YOU** to our Methodist Men and youth that really stepped up to help on Saturday. We had some new help that filled in for our regulars and BOY THEY DID A GREAT JOB. Again, **THANKS TO ALL OF YOU!** Our next monthly meeting will be Monday, March 9th at **4:00** and the next "MISSION DOG" sale is Saturday, March 14th from 11:00-2:00. We hope to see you there. Blessings,  
Helping Hands Circle



MORIAH UMC

# Easter Egg Hunt 2026

FUN GAMES & SNACKS



SUNDAY  
MARCH 29<sup>TH</sup> 2026 FROM 2-4PM

DON'T FORGET YOUR BASKET TO COLLECT EGGS IN

3611 LIBERTY ROAD, GREENSBORO, NC 27406

[WWW.MORIAHUMC.ORG](http://WWW.MORIAHUMC.ORG)

336-272-7988



# February

## Hot Dog

2/14/2026

# LUNCH



Volunteering at **2**  
**Under The Bridge** **14**  
**26** *serve the Lord*



**DELIVERING FOOD DOWNTOWN**

2-16-26 & 2-23-26



**Pancake Dinner**  
**2/18/26**



# ASH WEDNESDAY

2/18  
2026



REMEMBER  
YOU ARE DUST  
AND TO DUST  
YOU SHALL RETURN  
GENESIS 3:19

## Moriah Methodist Men



singing on 2-22-2026



# A BIG Thank YOU

Thank you to some of our Methodist Men. Not only do they sing they replace light fixtures and continue to keep our church looking beautiful.

You guys are the best and we thank God for you!

